APPENDIX 1: RESEARCH INSTRUMENTS

GAY MEN'S END-OF-LIFE PLANS AND PREPARATIONS

Interview Questions

We begin with four questions about your personal life.

- (1) Briefly tell me the story of your family relationships.
- (2) How long have you been out and how easy has been your gay life?
- (3) Briefly describe your relationship status. Are you single, married, divorced, in a long-term relationship and for how long have you been so?
- (4) Do you have any children? If you do, please explain the nature of your relationship. For example, are they children from a previous straight relationship, the children of your partner or children you and your partner have had together?

Next set of questions concerns your will and asks for more detail than the preliminary questions.

- (5) Do you have a will and have you revised it often in the last 10 years?
- (6) If you have a will, have you appointed an executor? Who did you choose and why? If not, who do you think you would choose and why?
- (7) In some jurisdictions, someone can be appointed to look after a person's medical and financial decisions in the event of their losing capacity to do so themselves. This can be known as enduring power of attorney, medical and financial. Have you appointed an enduring power of attorney medical and financial and who did you choose and why? If not, who do you think you would choose and why?
- (8) In some jurisdictions, someone can be appointed to make lifestyle choices for a person in the event of their losing capacity to do so for themselves, e.g. to arrange meals at home, home visits or to move you into aged-care accommodation. A person with these responsibilities can be known as a Guardian. Have you appointed a Guardian and who did you choose and why? If not, who do you think you would choose and why?
- (9) If you have a will, who are your beneficiaries? Who did you choose and why? If not, who do you think you would choose and why?

(10) Is there anything else you would like to say about your will and end-of-life plans? [Prompt: funeral plans]

Two final questions concern the end of life.

- (11) What thoughts do you have about your physical end of life? [Prompt: Any beliefs about euthanasia, life after death?]
- (12) Do you have an advance care plan or directive? [Explain if not] How did [would] you frame your values directive and why? How did [would] you frame your instructional directive and why?

END

Questionnaire, Gay Men's End-of-Life Plans or Experiences AGE: DATE OF BIRTH: Please circle the term or phrase which most closely reflects your circumstances. Elsewhere, please enter information asked for, e.g. dates, approximate income etc. 1. BIODATA Relationship status De facto Single Married (gay or straight) Formerly married if so, are you now, separated/widowed/divorced (gay or straight)? married (gay or straight)? De facto? Children How many children + ages? Are these children of interviewee or partner, from your/his previous relationship or present one? Occupation Primary (bulk of working life): Secondary: **Education** Highest post-secondary + date Highest secondary + date Highest primary + date Income Approximate annual: Approximate value of: Assets Superannuation Approximate value of: 2. WILL & ESTATE PLANNING: Please note: given the confidential nature of the topic, you are not obliged to provide details of your will or estate. Will Do you have a current Will? If no, please go to the question regarding Attorneys. Executor. Have you appointed an Executor and who is he/she in relation to you? Spouse/Partner Sibling (sister, brother) Child (daughter, son) Niece, nephew Friend (male, female) Professional person (doctor, lawyer, priest) Beneficiaries Who in relation to you are your beneficiaries and in roughly what proportions? Spouse/Partner Child of self or Spouse/Partner Sibling (sister, brother) Niece, nephew Friend(s) Charity/other

Attorneys

Have you appointed attorneys (financial, medical)

Yes/No

Who are your Attorneys in relation to you?

Spouse/Partner Sibling (sister, brother) Child (daughter, son) Niece, nephew Friend (male, female)

Professional person (doctor, lawyer, priest)

Guardian

Have you appointed a guardian?

Yes/No

Who is your Guardian in relation to you?

Spouse/Partner
Sibling (sister, brother)
Child (daughter, son)
Niece, nephew
Friend (male, female)

Professional person (doctor, lawyer, priest)

Advance Care Directive

Some jurisdictions provide for an advance care directive where a person specifies what type of treatment they wish to receive in the event of <u>losing decision-making capacity</u>.

It often has two parts, where a person firstly makes an **instructional directive** stating what type of medical treatment they want/do not want, e.g.

if they suffered a catastrophic medical event which did not kill them but left them with no realistic prospect of a decent recovery, would they want to receive:

the full treatment available or only comfort care including pain relief?

invasive surgery or not?

If asked, what would be your instructional directive?

The second part is a **values directive** where the person provides details on what about being a human being and alive is important to them, e.g. being mobile, able to communicate with other human beings in a meaningful way or to go on living no matter what their circumstances.

If asked, what would be your values directive?

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